



Adult Social Care Nursing Advisory Council (SCNAC)
SOUTHWEST Region Virtual Quarterly Meeting 07
Wednesday 13th May 2026, 09:30-11:00

<u>Attending:</u>		
Cheryl Angco	-	Co-Chair for Southwest SCNAC and Co-Head of Clinical & Quality Assurance, Ashfield Services
Cindy Willcocks	-	Co-Chair for Southwest SCNAC and Director for Arterne
Deborah Sturdy	-	Chief Nurse for Adult Social Care, DHSC
Caroline Holt	-	Employer Link Service Adviser (ELS), NMC
Sarah Winfield-Davies	-	Lead Nurse, Independent Health & Social Care (Southwest), RCN
Carolyn Hague	-	Deputy Director of Nursing and Allied Health Professions – NHS Devon. Attending on behalf of Penny Smith.
Charlotte Fry	-	Independent Nurse Consultant - Caring Footsteps
Simon Fagg	-	Clinical Nurse Advisor & Deputy Caldicott Guardian, Milestones Trust (BNSSG & BSW)
Hilary Robinson	-	CEO / RN, Registered Care Providers Association (RCPA, Somerset)
Jodie Andrews (nee Nelder)	-	Registered Manager, Residential Care – Grayareas
Lucy Brown	-	EU Horizon Clinical Delivery Lead, The Centre for Sustainable Healthcare
Sonia Pritchard	-	EA for The Outstanding Society & SCNACs Administrator

<u>Apologies:</u>		
Zoë Fry	-	Director of Nursing, The OS and SCNACs Co-Chair
Denise Moorhouse	-	Deputy CNO NHS BNSSG ICB
Vanessa Ongley	-	Avon and Wiltshire Mental Health Partnership NHS Trust
Lia Alves	-	Practice Educator, Cornwall Primary Care Training Hub, & Truro College Adult Nurse & Health Allied Lecturer
Pat Schofield	-	Professor of Clinical Nursing, University of Plymouth
Rian Gleave	-	RCN covering for Sarah Winfield-Davies
Lisa Vogwell	-	Deputy Director of Nursing & Quality, NHS Foundation Trust, Southwestern Ambulance Service
Cathy Rant	-	Lecturer, Academy of Nursing Clinical Practice Lead – University of Exeter
Su Monk	-	Attends on behalf of Mary Lewis and Rosi Shepherd for the BNSSG ICB
Shelagh Meldrum	-	CNO NHS Somerset IC
Rosi Shepherd	-	CNO, BNSSG ICB
Penny Smith	-	Carolyn Hague attending on Penny's behalf
Ben Roe	-	NHSE Regional Chief Nurse, South West



John Powell	-	Director, Unicare Devon
Marie Crofts	-	CNO, Gloucestershire ICB
Charley Day	-	PA to Lisa Vogwell
Susan Bracefield	-	CNO Cornwall & Isle of Scilly ICB
Jen Charlewood	-	Senior Professional Manager (Community & Primary Care Nursing & Professional Nurse Advocates), Professional & System Development, Regional Nursing Directorate (NHS England SW)
Mary Lewis	-	CNO Sirona, NHS BNSSG ICB, representing Rosi Shepherd
Keryn Morris	-	Locality Manager (Southwest), Skills for Care
Gill May	-	CNO BSW ICB
Angelique Attack	-	Programme Lead / Lecturer – Nursing Associates, Bournemouth and Poole College
Esther Mackillican	-	Admiral Nurse, Dorothy House Hospice
Sian Parsons	-	PA to Shelagh Meldrum

Please see the attached spreadsheet for the action points of this meeting.

Date of Future Meetings:

- Thursday 6th August 2026, 09:15-11:00
- Tuesday 17th November 2026, 09:15-11:00
- Thursday 4th February 2027, 09:15-11:00

Summary Notes:

National and Regional Social Care Nursing Updates: Deborah Sturdy provided a comprehensive update on recent national developments in social care nursing:

- **NMC Social Care Advisory Group:** Deborah Sturdy announced the establishment of a social care advisory group within the NMC, encouraging council members to participate and emphasising the importance of maintaining momentum and ensuring social care nursing voices are represented, especially with leadership changes at the NMC.
- **Government Commitments and Baroness Casey's Work:** Deborah outlined the government's agreement to key recommendations from Baroness Casey's work, including improvements to the MND pathway, appointment of a national director for dementia, and safeguarding initiatives, all of which are now in progress.
- **Sector Events and Engagement:** Deborah highlighted recent and upcoming sector events such as [International Nurses Day](#), the Outstanding Society event at the Care Show, and the RCN Congress, encouraging members to stay informed and engaged with sector debates and developments.
- **Delegation Project Pause:** The delegation project led by Skills for Care has been temporarily paused for review and will resume in July, with an open invitation for participation from interested members.



- **Resilience-Based Clinical Supervision:** Deborah promoted the ongoing offer of free resilience-based clinical supervision for social care nurses, encouraging uptake and highlighting its value for workforce sustainability.
- **Recognition, Transitions, and Council Roles:** Deborah confirmed that this would be the last Southwest Quarterly meeting that she would be attending in her current role. She hoped that everyone would continue the momentum and amazing work that had been achieved to date. The meeting included recognition of Deborah's contributions, discussion of leadership transitions, and encouragement for members to consider future council and co-chair roles. Deborah confirmed there are no current plans to replace the Chief Nurse for Adult Social Care role due to ongoing organisational restructuring and discussed the implications for sector leadership.
- **Acknowledgements and Thanks:** Council members expressed gratitude to Deborah for her leadership and advocacy, with Deborah reciprocating thanks to the council for their support and ongoing work.
- **Future Council Roles:** Cheryl Angco announced upcoming vacancies for Co-Chair positions and encouraged members to express interest in council or leadership roles, highlighting the importance of succession planning.

Council Membership, Representation, and Engagement: The council's membership status, growth, diversity, student representation, and strategies for broader engagement was discussed:

- **Council Membership Growth:** Cheryl confirmed that council membership has grown, with ongoing efforts to ensure fair representation across the Southwest region, including rural and urban areas, and the Isles of Scilly.
- **Diversity and Inclusion Initiatives:** Cheryl described outreach to the Filipino community, including participation in Filipinos in Care events and the recruitment of new council members from diverse backgrounds, aiming to amplify underrepresented voices and address feelings of isolation in the region.
- **Student Representation Challenges:** The council discussed the introduction of student representative roles, the challenges of sustaining student engagement, and plans to improve communication and outreach, including targeted talks at universities and colleges.
- **Subgroups and Engagement Groups:** Subgroups have been established to maintain traction between regional meetings, with a focus on engagement, education, and specialist topics such as suicide prevention and dementia, allowing members to participate flexibly according to their interests.
- **Event Planning and Scheduling:** The team reviewed the scheduling of future meetings and events, aiming to avoid clashes with other regional activities and improve attendance, with proposed dates for upcoming quarterly meetings and plans for additional face-to-face events.

Sustainable Healthcare and Environmental Leadership: Lucy Brown delivered a detailed presentation on sustainable healthcare (attached):



- **Climate Change and Health Impacts:** Lucy explained the direct and indirect effects of climate change on health, including increased respiratory conditions, extreme weather events, and the emergence of new diseases, with specific relevance to vulnerable populations in social care.
- **Principles of Sustainable Healthcare:** Lucy outlined five key principles for sustainable healthcare: prevention, patient self-care, lean service delivery, low-carbon alternatives, and resource management, providing examples and encouraging their application in social care settings.
- **Nurse-Led Sustainability Projects:** Lucy shared outcomes from nurse-led sustainability projects, such as the Green Nursing Challenge, which demonstrated significant cost savings and carbon reduction through small-scale innovations in care homes and community settings.
- **Resources and Training Opportunities:** Council members were invited to access open resources and join the Centre for Sustainable Healthcare's networks, including a free, tiered nursing programme funded by the Burdett Trust, with an emphasis on sharing best practice and case studies.
- **Future Event Integration:** Following Lucy's presentation, Cindy and Cheryl discussed integrating sustainability as a theme in future face-to-face council events, with Lucy expressing willingness to participate subject to scheduling.

Operational Updates and Meeting Administration: Co-Chairs addressed operational matters including meeting scheduling, contract and KPI status, and communication improvements for council activities.

- **Meeting Scheduling and Coordination:** The team confirmed upcoming meeting dates for August, November, and February, discussed strategies to avoid event clashes, and agreed to circulate proposed dates for feedback from council members.
- **Contract and KPI Uncertainty:** The council noted ongoing delays in finalising contracts and KPIs with Skills for Care and DHSC, which has affected agenda alignment, with plans to update members once details are confirmed.