

Adult Social Care Nursing Advisory Council (SCNAC) SOUTHEAST Region Quarterly Meeting 04 – Thursday 8th May 2025

Attending:		
Zoe Fry	-	Executive Director – The Outstanding Society CIC
		SCNAC Chair, South East Region
Scarlett MacDonald	-	New Commissioning Manager – Caring Homes Group
		SCNAC Co-Chair, South East Region
Deborah Sturdy	-	Chief Nurse for Social Care - DHSC
Andrea Lewis RRC	-	Regional CNO, South East – NHS England
Naomi Ellis	-	Deputy CNO, West Sussex - attending on behalf of Alison Cannon
Fidelma Tinneny	-	Berkshire Care Association and ARH Ltd.
Pat Conteh	-	Head of Clinical Services, Prestige Nursing & Care
Marisa Spice	-	Head of Learning & Development (RN) – Nellsar Care Homes.
		Also, Operations & Compliance Manager for two learning
		disability homes in Bromley
Wendy Newnam	-	Deputy CNO, Hampshire & Isle of Wight
Shelly Hickey	-	Head of Quality & Governance, Aria Care
Walter Chikanya	ı	Commissioning Director, TLC Group
Kate Meacock	1	Campaigner, Rights for Residents
Lynne Birt	-	Clinical Quality Manager, NHS Hampshire & Isle of Wight
Gillian Field	-	Sussex ICB
Vicki Gray	-	Regional Safeguarding Lead for NHS England, South East -
		Presenting
Claire Axon-Peters	-	Safeguarding Lead in Vicki Gray's Team for NHS England
		Safeguarding Team - Presenting
Zoe Baird	-	Designate Nurse for Safeguarding Adults, Kent & Medway -
		Presenting
Sarah Wytrykowski	-	Newly Appointed Co-Chair for South West SCNAC
Sonia Pritchard	-	SCNACS Administrator and EA for The Outstanding Society

Apologies:		
Rian Gleave	-	Lead Nurse: Independent Health & Social Care (South East), Royal College of Nursing (RCN)
Anne Smith	-	Lead for Infection, Prevention & Control for Brighton and Hove City Council
Jo Tuck	-	Health Watch UK, West Sussex
Alison Cannon	-	CNO for NHS Sussex ICB. Naomi Ellis, Chief Nursing Officer attending on her behalf



Helen Evans	-	Senior Lecturer in Nursing, University of Chicester
Helen Cheney	-	Health Protection Lead, Public Health, East Sussex
Nicola Lucey	-	CNO for Hampshire and Isle of Wight, Wendy Newnham attending on her behalf
David Porter	-	Regulation Adviser – NMC
Clare Stone	-	CNO Surrey Heartlands
Rachael Corser	-	CNO for NHS Buckinghamshire, Oxfordshire & Berkshire West ICB
Claire Pegg	-	Regional Chief Nurse Research Lead & Workforce Development Lead, NIHR
Rian Gleave	-	Lead Nurse: Independent Health & Social Care (South East), Royal College of Nursing (RCN)
Sharon Lee	-	Senior Primary Care Workforce Programme Lead and Social Care Nursing Link in Kent and Medway

Please see the attached spreadsheet for the action points of this meeting.

Date of Future Meetings:

- Thursday 31st July 2025, 9.30am-11.00am
- Thursday 23rd October 2025, 9.30am-11.00am
- Thursday 29th January 2026, 9.30am-11.00am

Summary Notes:

Data-Driven Priorities: Zoe Fry emphasised the importance of using data to identify and set regional priorities. She mentioned that presentations would be given by team members to discuss this further. Participants were encouraged to contact her or Scarlett with any questions or updates regarding the action points from the last meeting.

Action Points: Zoe Fry mentioned that the action points from the last meeting included using data to look at regional priorities. She encouraged participants to pose any questions or provide updates directly to her or Scarlett.

International Nurses Day: Zoe Fry mentioned the upcoming International Nurses Day and the recordings received from the Southeast Regional Council. She invited participants to send videos or messages for nurses.

Department of Health and Social Care Update: Deborah Sturdy provided an update on various initiatives, including the care show, RCN event, Baroness Casey's review, undergraduate strategy for nursing in social care, and the spending review. She emphasised the importance of collaboration and professional unity.



Care Show: Deborah highlighted the success of the recent care show, noting the significant interest and energy around the nursing stand and the talks organised by the Outstanding Society. She mentioned the positive engagement from CEOs and smaller companies.

RCN Event: Deborah discussed the RCN event focused on social care nursing, which was attended by the chief executive and other senior colleagues. The event marked the start of a strong commitment from the RCN to support social care nursing, with plans to appoint a senior person to lead this work. Baroness Casey's Review: Deborah mentioned the start of Baroness Casey's review on social care, which will report next year. The first year will focus on gathering data and evidence, with an emphasis on visiting services to understand the breadth and reach of social care. A round table with nurses is planned to provide balanced representation of nursing voices in social care.

Undergraduate Strategy: Deborah discussed the undergraduate strategy for nursing in social care, which aims to ensure every student nurse has a placement in social care. This initiative is part of a broader effort to transform the future workforce by providing exposure to social care as a viable career option.

Spending Review: Deborah mentioned ongoing work related to the spending review, with hopes to share positive developments soon. She emphasised the importance of developing different roles in social care nursing as part of retention and attraction strategies.

Regional Updates: Scarlett MacDonald and Andrea Lewis provided updates on communication plans, clinical competencies, prescribing, delegated healthcare, student placements, hydration, and research. They highlighted ongoing work and collaboration with various organisations.

Communication Plan: Scarlett discussed the ongoing work on the communication plan priority to reach every nurse across social care. This work will be reviewed after the contract review for SCNACs **Clinical Competencies:** Scarlett mentioned the development of clinical competencies for adult nurses, learning disability nurses, and nurses working in different settings. This framework is being reviewed, and funding has been applied for to support its implementation.

Prescribing and Delegated Healthcare: Scarlett highlighted the work on prescribing and delegated healthcare, which are significant areas of focus across the country. The Southeast region is actively participating in these initiatives.

Student Placements: Scarlett discussed efforts to enable more students to have placements in social care settings. This includes working with the Council of Deans and organisational institutes to support student readiness and placement opportunities.



Research Collaboration: Scarlett mentioned ongoing research collaboration with London colleagues, including projects like the VIVALDI project and funding opportunities from the National Institute for Health Research (NIHR) to enhance social care nursing research.

NHS and ICB Changes: Andrea Lewis discussed the ongoing changes in the NHS and ICBs, including the merger of NHS England (NHSE) with the Department of Health and Social Care (DHSC), resulting in a smaller national team and a requirement for a 50% reduction in headcount across all layers of the NHS and ICBs, and the redesign of regional health authorities to determine the structure and functions of the new organisation.

Regional Health Authorities: Andrea mentioned that the seven current regions are expected to remain, but their functions will change. The new regional health authorities will be statutory bodies with their own boards, similar to the previous strategic health authorities.

ICB Redesign: Andrea discussed the redesign of integrated care boards (ICBs), which will focus on strategic commissioning. Performance oversight will be transferred to regions, and the number of ICBs will be reduced from 42 to 22. The redesign aims to streamline functions and improve collaboration with social care and local authorities.

Communication and Collaboration: Andrea emphasised the importance of communication and collaboration during the transition period. She noted that statutory functions must continue until legislation changes, and the new structures are expected to be in place within 18 months.

Safeguarding Presentation: Victoria, Claire, Zoe Baird, and Jill presented on safeguarding data, highlighting the main categories of abuse, the conversion rate of concerns to Section 42 enquiries, and the importance of professional curiosity and multi-agency information sharing. They also discussed recommendations for improving data capture, partnership working, and mentorship.

Categories of Abuse: Victoria presented data on the main categories of abuse in safeguarding adults, including neglect, physical abuse, emotional abuse, and financial abuse. She noted that neglect and acts of omission were the highest categories, but these could mask other underlying issues.

Conversion Rate: Victoria highlighted the conversion rate of concerns to Section 42 enquiries, noting that less than half of the concerns reported were converted to statutory enquiries. She discussed the potential reasons for this, including over-reporting due to risk aversion and the need for better quality referrals.



Designated Nurse: Zoe Baird confirmed in the chat that the role of the designated nurse is your health safeguarding expert, they have oversight of all commissioned services including contract and quality expectations for delivery and practice, in addition to expert safeguarding knowledge and skills. The value the designate brings is being able to support understanding of the health system in the safeguarding process and improvement work across NHS services and work in collaboration with commissioned providers in a supportive role. They also look very different across the country and operate in very different ways.

Preventable Hospital Admissions: Andrea Lewis shared data on hospital admissions from care homes, noting that the numbers are relatively small. She highlighted areas for improvement, such as reducing the time spent in ED and addressing ambulatory care sensitive conditions.

Next Steps and Priorities: Zoe Fry proposed setting up a safeguarding task and finish group and revisiting the topic of preventable admissions in the next quarterly meeting. She emphasised the importance of communication and collaboration in addressing these priorities.