

## Adult Social Care Nursing Advisory Council (SCNAC) EAST OF ENGLAND Region Quarterly Meeting 03 – Wednesday 15th January 2025

Attending:		
Caron Sanders-Crook	-	Regional SCNAC Co-Chair, East of England & Operations
		Manager, Canford Healthcare
Victoria Hulstrom	-	Regional SCNAC Co-Chair, East of England & Clinical Director
		for Nouvita Healthcare
Deborah Sturdy	-	Chief Nurse for Social Care, DHSC
Mike Slator	-	Practising Clinical Pharmacist & Project Support Specialist,
		VIVALDI Social Care
Louise Jenkins	-	Strategic Liaison Nurse, Hertfordshire NHS
Kate Lettin	-	Regional Advisor, NMC
Helen Hill	-	Head of Care & Compliance, Stow Healthcare
Cheryl Hicks	-	Quality Improvement Nurse, NHS Norfolk & Waveney ICB, Dee
		Chapman attending on her behalf
Katie Thorn	-	Project Lead, Digital Care Hub
Sara Harris	-	Locality Manager, Eastern Region, Skills for Care
Zena Aldridge	-	Social Care Nurse Fellow, NIHR Nursing & Midwifery Office
Andrea Piggott	-	Interim Deputy CNO & Director of Nursing Quality &
		Inequalities for Bedfordshire, Luton & Milton Keynes
Elenor Sherwen	-	Deputy Director of Nursing at MSCICB – attending on behalf of
		Giles Thorpe
Sharon Crowle	-	Head of Professional Education, Training & Development for
		Norfolk & Waveney
Hayley Cooper	-	Team Leader for the Admiral Nurse Team, Hertfordshire
		Community Service (Carers in Herts)
Helen Wright	-	External Workforce Manager – Social Care, Norfolk Care
		Careers Team, Norfolk County Council
Phil Tilney	-	Social Care Careers Ambassador, Norfolk & Suffolk Care
·		Support
Lisa Read	-	Head of Place Quality (East & West) Norfolk & Waveney
		Integrated Care Board. Attending on behalf of Tricia D'Orsi
Sarah Seely	-	Lead Nurse for Independent Heath & Social Care Nurses,
		Eastern Region for the RCN
Sonia Pritchard	-	EA for the Outstanding Society & SCNACs Administrator

<u>Apologies</u>		
Sam Westbrook	-	Lead Nurse for Independent Health & Social Care, Eastern
		Region, RCN



Loucia Kyprianou	-	Regulation Advisor for Independent Health & Care, NMC
Giles Thorpe	-	CNO, Mid & South Essex ICB - Elenor Sherwen attending on his
		behalf
Sarah Watts	-	Attending on behalf of Sarah Stanley
Lisa Nobes	-	CNO, Suffolk & NE Essex ICB
Carol Anderson	-	CNO, Cambridge & Bedford ICB
Louise Harper	-	Clinical Educator, Norfolk & Waveney
Louise Jackson	-	From Louise Harper's team
Charlene Waldron	-	Clinical Lead, Holmwood House Care

Please see the attached spreadsheet for the action points of this meeting.

## **Date of Future Meetings:**

TBC April 2025

## **Summary Notes:**

**Social Care Review Announcement:** Deborah Sturdy announced that Baroness Casey will undertake a review of social care, with reports expected in 2026 and 2028. The terms of reference will be set by April, and the review will prioritise the digital agenda and delegation.

**Digital Agenda and Delegation:** Deborah Sturdy emphasised the importance of the digital agenda and delegation in social care for the coming year. She mentioned the challenges of infrastructure costs and the need to support the unregistered workforce while maintaining accountability and responsibility.

**Research and Nursing Initiatives:** Deborah Sturdy highlighted the work of Claire Pryor, the first Professor of Social Care Nursing, in developing demand signalling with colleagues from NHS England. She also mentioned the ongoing resilience-based clinical supervision work and upcoming events to celebrate social care nursing.

**Financial Challenges and Opportunities:** Deborah Sturdy discussed the financial challenges facing social care, including the scrutiny of budgets and the need for innovative solutions. She mentioned working on a spending review bid to secure funding for nursing initiatives.

**Social Care Nursing Conference:** Deborah Sturdy announced plans for a social care nursing conference in May, coinciding with International Nurses Day. She also mentioned other events and initiatives to promote social care nursing throughout the year.

**Introductions and New Members:** Sonia facilitated introductions of members to welcome the new Co-Chairs for the East of England SCNAC, Caron Sanders-Crook and Victoria Hulstrom.

**Preceptorship and Retention:** Sharon Crowle and Sara Harris discussed the importance of preceptorship in retaining clinical staff. They emphasised the need for engagement with social care providers to understand their needs and support the development of a consistent preceptorship program.

**Medication Sustainability Initiatives:** Helen Hill and Mike Slater provided updates on medication sustainability initiatives, including recycling insulin pens, switching to lower carbon inhalers, and reducing unnecessary oral nutritional supplements. They discussed the importance of de-prescribing and capturing feedback from providers.



**Social Care Nursing Research Award:** Zena Aldridge announced the launch of a new social care nursing research award sponsored by the NIHR Nursing and Midwifery Office. The award aims to recognise nurse-led initiatives in social care and encourage participation in research.

**Next Meeting and Action Points:** The next meeting will be scheduled for April, and participants were encouraged to continue working on their respective initiatives and action points.