

To contact the MOCH team please email:

sc-tr.moch-westsussex@nhs.net

Medicines Optimisation for Care Homes (MOCH)

A pharmacy-led service



*Excellent care at the
heart of the community*

Medicines Optimisation for Care Homes Service

The team comprises clinical pharmacists and pharmacy technicians who each bring their unique skills to the medicines management of care homes (both nursing and residential) and their residents.

Clinical Pharmacist element:

The Pharmacist will review all the care home residents registered with the practice they are working with to provide a structured medication review (SMR). This may be carried out by telephone, video call or visiting the care home and discussing medicines with the resident, their relatives and the carer at the home.

The MAR chart is reviewed to make sure it is an accurate reflection of the current medicines and any updates required will be made. Following the review any queries will be discussed with the resident's GP before the necessary changes made.

A summary report of the visit is then sent to both the home and the supplying pharmacy. Changes made will usually be reflected in the medicines sent for the next cycle.

Clinical Pharmacist

Focus of care

- Reviewing the resident as a whole, to consider the impact of the prescription on the person.
- Addressing polypharmacy, reducing the burden of medicines
- Identifying medicines related adverse events
- Reducing medicines related hospital admissions
- Reducing risk of falls
- Ensuring clarity in medicines directions and instructions

Pharmacy Technician

Including but not exclusively

- MAR chart accuracy and safety
- Waste reduction
- Stock control and ordering
- Safe administration of medicines
- Record keeping