

Support from the Care Workers Charity

We're here to support those working in the care sector and offer a range of types of support in the form of grants and support. **Our grants are not required to be paid back.**

If you're working in social care then please see if we can offer you a helping hand and if you're a manager in social care then please pass this onto your staff.

About our grants: [Get Help - The Care Workers Charity](#)

Covid-19 grants: for people currently working in social care

This includes:

- If you've had to self-isolate after receiving a positive covid test
- If you've had long covid (been ill or in hospital after having had covid, or needing lots of recovery time)
- If you've had to shield
- If you've lost work because of restrictions on movement between care homes
- If you're a care worker who is responsible for paying the funeral costs of a next of kin or if you are the next of kin for a care worker who has died from covid
- If you've had additional childcare costs incurred as a result of the pandemic
- If you've had side effects after your vaccination

You need to apply online and you'll need to provide some evidence, depending on what you're asking for support for, and we'll get the rest of what we need from your HR Manager. Once you've applied, we assess your application, and usually pay grant awards within a couple of weeks if we have all the information and you meet the criteria.

Fact sheets, FAQs and further information and the application form: [Covid 19 Application Options - The Care Workers Charity](#)

Crisis Grants: for people currently working in social care or have worked in social care for at least 5 years in their working lives

One-off payment to support someone experiencing an unforeseen or life changing circumstance, such as bereavement, illness or injury and who has no resources to meet associated costs which could include funeral expenses, moving home, travel to hospital expenses, home repairs.

We provide crisis grants to people have worked in a paid role in the UK's care sector and are involved in or support the provision of care. This includes people who have been involved in residential social care, home care, supported living care or day care.

If you've experienced a change in circumstances in the last year that have had a significant financial impact such as:

- A sudden or unexpected loss of income
- A sudden or unexpected illness or injury
- A sudden or unexpected change in living circumstances or loss of home
- A relationship breakdown
- An issue of domestic abuse
- Death of a close relative

And you're currently employed in social care OR previously employed for at least 5 years in your working life, we may be able to support you with a crisis grant to help with:

- Daily living expenses
- Essential white goods such as washing machines
- Moving costs
- Travel expenses to hospital
- Car repairs
- Essential household repairs
- Funeral costs
- Fees to prevent eviction

Fact sheet, FAQs, other information and application form: [Crisis Grant - The Care Workers Charity](#)

Mental Wellbeing and Health Grants: for those currently employed in social care or those who have left within the past three months

Having trouble sleeping? Feeling tired all the time? Worried about things? Feeling that you can't cope? Generally feeling miserable or upset? Eating/drinking more than usual? **If you work in social care, as a manager or a care worker, we may be able to help you get some support.**

If any of these (or other similar issues) applies to you, you may benefit from support sessions from a qualified therapist who can help you with issues such as depression, anxiety, stress, addiction or PTSD. We offer applicants a series of up to ten support sessions with a qualified therapist. Please note that this is not a financial grant, The Care Workers' Charity will pay the service provider directly for your sessions.

If you feel you would benefit from some support, or if you're on a long waiting list for support to deal with issues such as these, or have previously had support but feel you would benefit from some more sessions, we're here to help.

If you can provide evidence of your employment we don't need to contact your HR Manager, but if we do, we only say that you've applied for a grant without being specific that this is related to your mental wellbeing and health. You can self-refer and you'll be able to start your sessions within a week.

Fact sheet, FAQs, other information and application form: [Mental Wellbeing and Health Support - The Care Workers Charity](#)

Mental Health First Aiders:

The Care Workers' Charity (The CWC) is getting ready to open our applications for a new mental health first aider training programme in October. Please keep an eye out for more information once we launch the programme.

The FREE training will offer care providers the opportunity to have one staff member become a fully qualified mental health first aider (MHFA). The level 3 accredited training provided by [Red Umbrella](#) is recognised throughout the UK and a certificate will be awarded upon completion.

What is an MHFA?

An MHFA is someone who is trained in providing mental health support to their peers in the workplace. They are volunteers who are able to identify signs of mental health issues at work and who act as the first point of contact for employees who need support and signposting. MHFAs listen and also know what not to say.

Having an MHFA in the workplace can demonstrate an organisation's commitment to employee mental health and wellbeing. MHFAs also facilitate healthy, sustainable and trusting relationships

between employees and their management teams by encouraging workers to speak up if they are facing any problems.

How to apply?

Please register your interest with The CWC by emailing grants@thecwc.org.uk. Once we launch the programme we will then send you an application form to fill out and various training dates for you to choose from. Please note only one member of staff can be nominated from your organisation. The CWC will be paying Red Umbrella for the cost of the training, spaces are limited so please register your interest as soon as you can!

Please get in touch with us if you have any questions: grants@thecwc.org.uk or email me direct: lee@thecwc.org.uk